



# Monday Night Gridiron Club Newsletter

P.O. Box 1382  
Attleboro Falls, MA

## "Message from the Gridiron Club"

Welcome to Big Red Football 2016!

I hope everyone is enjoying the summer. Before you know it, we will be spending our Friday nights at Community Field cheering on Head Coach Don Johnson and the 2016 Red Rocketeers as they embark on the new season. This newsletter will hopefully provide you with some useful information concerning both the team and the Gridiron Club. If you are new to the football program please check out our website at [www.redrocketeers.com](http://www.redrocketeers.com). Each week during the season it is updated with news, important dates, game scores, game photos, and much more. We look forward to seeing you all at the field!

The Monday Night Gridiron Club

## Tradition

North Attleboro takes great pride in our football program. For decades the Red Rocketeers have been one of Massachusetts' premier interscholastic football programs. As part of Big Red Football, your sons will be asked to maintain a very high standard on and off the field. The lessons they learn relative to dedication, sacrifice, and being part of a team will serve them well the rest of their lives. Success will be derived from a commitment to preparation and hard work. Your sons will be challenged physically and mentally.

## Three New Leaders

This season's tri-captains are #31 Bobby Mylod, #34 Nick Rajotte & #54 Thomas Reynolds. All three have distinguished themselves in the eyes of their teammates and they are charged with continuing North's dedication to LTD. (Loyalty, Toughness, and Discipline).

Preparation for a successful season starts long before August. The off-season weight training/strengthening program, a foundation for success on the field, has been in full swing since the end of school in June and varsity skilled position players have been working on offensive and defensive passing skills in the Bridgewater-Raynham Passing League.

To further prepare themselves for the challenges of the season ahead, captains' practice, a rigorous routine of fitness drills, will begin **Sunday, July 31st** and continue three days per week until the start of official coaches' practices.

## Parent's Meeting

This year's Pre-Season Parent's Meeting is scheduled for **Sunday, August 21st at 6:00 pm. Parents of all players are encouraged to attend.** Head Coach Johnson and the entire coaching staff will discuss this year's program and their expectations. This meeting will be especially informative, as the schedules and practice routines for the season will be explained in detail. Incoming freshman parents, in particular, are strongly encouraged to attend. **The Monday Night Gridiron Club will be set up at the entrance to the auditorium with information on becoming a member of the Gridiron, as well as selling apparel and providing details for listing personal player messages in this year's ad book.**

## Schedule

The first varsity coaches' practice of the season is currently scheduled for **Friday August 19<sup>th</sup>**. The entire pre-season and game schedules follow. Please be aware all dates and times are subject to change due to weather conditions, field conditions, gym availability, and/or other factors. **Attendance is absolutely mandatory** for all official team practices and activities.

**Scrimmages**

Scrimmages are currently scheduled for:

- **At Marshfield- Sat. Aug. 27 – 10:00 a.m.**
- **At Natick – Wed. Aug. 31 - TBA**
- **Vs. Dartmouth – Sat. Sept. 3 – 10:00 a.m. Beupre Field (followed by Cookout)**

**Pre-Season Cookout**

Immediately following the Saturday, September 3<sup>rd</sup> scrimmage, the Monday Night Gridiron Club will be hosting our annual pre-season cookout for all players and their families: freshmen, JV, and varsity. We encourage everyone to attend and get to know the players, families, and coaches. Food is supplied by the Gridiron Club but we do ask that you supply your own beverages (non-alcoholic). You will receive a flyer with more details prior.

**PRE-SEASON SCHEDULE**

<b>DATE</b>	<b>VARSITY</b>		<b>FRESHMEN</b>	
Wed. Aug. 17	9:00 am	Team Meeting-Equip./Lockers etc.	12:00pm	Team Meeting-Equip./Lockers etc.
Thurs. Aug. 18	6:00 pm	Last Capt. Prac. (Varsity Only)		
Fri. Aug. 19	9:00 am	Team Lift/Workout Day	5:00 pm	Practice – Helmets only
	5:00 pm	Practice – Helmets only		
Sat. Aug. 20	8:00 am	Practice – Helmets only	8:00 am	Practice – Helmets only
Sun. Aug. 21	---	Day off	---	Day Off
Mon. Aug. 22	9:00 am	Position Meetings	9:30am	Practice – Helmets only
	5:00 pm	Practice – Helmets only		
Tues. Aug. 23	9:00 am	Equip. Dist. + Impact Testing	9:30am	Practice – Helmets + Sh. Pads
	5:00 pm	Practice – Helmets + Sh. Pads		
Wed. Aug. 24	9:00 am	1,000 lb. Club Testing	9:30am	Practice – Helmets + Sh. Pads
	5:00 pm	Practice – Helmets + Sh. Pads		
Thurs. Aug. 25	9:00 am	Meetings + Walkthrough-no pads	9:30am	Practice – Full Pads
	5:00 pm	Practice – Full Pads	5:00 pm	Meetings + Walkthrough-no pads
Fri. Aug. 26	9:00 am	Meetings + Walkthrough-no pads	9:30am	Practice – Full Pads
	4:00 pm	Practice – Full Pads	4:00 pm	Meetings + Walkthrough-no pads
Sat. Aug. 27	10 a.m.	Scrimmage at Marshfield	10:00 am	TBA
Sun. Aug. 28	---	Day off	---	Day Off
Mon. Aug. 29	3:00 pm	Film Review	9:30 am	Practice – Full Pads
	5:00 pm	Practice – Full Pads		
Tues. Aug. 30	3:00 pm	Film Review	9:30 am	Practice – Full Pads
	5:00 pm	Practice- Full Pads		
Wed. Aug. 31	9:00 am	Team Pictures	9:30 am	Practice – Full Pads
	TBA	Scrimmage at Natick		
Thurs. Sept. 1	3:00 pm	Film Review	9:30 am	Practice – Full Pads
	5:00 pm	Practice – Full Pads		
Fri. Sept. 2	3:00 pm	Practice – Full Pads	9:30 am	Practice – Full Pads
Sat. Sept. 3	10 a.m.	Scrimmage vs. Dartmouth	10:00 am	Scrimmage vs. Dartmouth
Sun. Sept. 4	---	Day off	---	Day Off
Mon. Sept. 5	3:00 pm	Film Review	5:00 pm	Practice – Full Pads
	5:00 pm	Practice – Full Pads		

### **Monday Night Gridiron Club Membership**

In addition to presentations by the coaches on August 21st, you will have the opportunity to learn more about the **Monday Night Gridiron Club**. The Gridiron Club is the non-profit booster club founded to provide the team and coaches with the tools and support they need to run a successful program. For many years the school's budget has not been able to provide the football program with everything needed. This is where the **Monday Night Gridiron Club** steps in. Through fundraising, the club is able to provide the team with items that they would otherwise have to go without. Out of necessity, in recent years the Gridiron Club has purchased helmets, game pants, game jerseys, practice jerseys, sideline headphones, rib pads, chin straps, and blocking pads. The Gridiron Club also funds a scholarship awarded annually to a graduating senior and provides stipends for volunteer coaches. The ongoing needs of a successful program with over a hundred players are substantial and more than the town is currently able to provide.

Some individuals have the mistaken impression that the football program is heavily funded and all needs are readily filled. We can assure you that this not the case. The misunderstanding often seems to stem from the belief that the high school football program receives the revenue from gate receipts and concessions. All gate receipts or ticket sales go directly to the school system to support busing costs for all the school funded sports programs. The concession stand is operated by and for the benefit of the North Attleboro Pop Warner Junior Football program. Football is fortunate to be a "school funded" program but the current funding level does not go beyond the most basic needs. The ability of the Monday Night Gridiron Club to provide additional support has never been more important.

Gridiron Club memberships are one of the primary fund raisers. A Gridiron Club membership form is attached for your reference and the Gridiron Club will be set up in the high school lobby on Parents' Night. We invite all parents to become active supporters of the club and the program. Membership is \$25 per family and, although it is not mandatory, we ask that every family contribute if possible. When you sign up you will receive a "Gridiron Gang" logo water bottle to show your support and your name will appear in the program book sold at all home games. To learn more please visit our website, [www.redrocketeers.com](http://www.redrocketeers.com).

Enjoy the rest of the summer and get ready for a great fall!

## **GAME SCHEDULE**

<b>2016 Big Red Schedule</b>	<b>2016 JV Schedule</b>	<b>2016 Freshmen Schedule</b>
9/9 vs. King Philip 7 pm	9/12 at KP 3:30 pm	9/8 @ KP 3:30pm
9/16 at B. Feehan 7 pm	9/19 vs. Feehan 3:30 pm	9/15 vs. Bishop Feehan 3:30pm
9/23 vs. Stoughton 7 pm	9/24 at Stoughton 9:30 am	9/23 @ Stoughton 3:30pm
9/30 vs. Milford 7 pm	10/1 at Milford 12:00 pm	10/1 @ Milford 10:00am
10/8 at Sharon 1:30 pm	10/10 TBA	10/6 vs. Sharon 3:45pm
10/14 at Canton 7 pm	10/17 vs. Canton 3:45 pm	10/13 vs. Canton 3:45pm
10/21 at Foxboro 7 pm	10/24 vs. Foxboro 3:30 pm	10/20 vs. Foxboro 3:30pm
10/28 Play-offs TBA	10/29 at Franklin 12:00 pm	10/29 @ Franklin 10:00am
11/4 Play-offs TBA	11/7 vs. Attleboro 3:30 pm	11/3 vs. Attleboro 3:30pm
11/11 Play-offs TBA	11/12 at Mansfield 10:00 am	11/10 @ Mansfield 6:00pm
11/18 Play-offs TBA		
11/24 at Attleboro 10 am		

# Monday Night Gridiron Club

Make checks payable to:  
 Monday Night Gridiron Club  
 PO Box 1382  
 Attleboro Falls, MA 02763

Name: \_\_\_\_\_  
 Email: \_\_\_\_\_ Player/Cheerleader: \_\_\_\_\_

## 2016 Gridiron Club Membership-\$25

Name as it will appear in program (Ex: Smith Family) \_\_\_\_\_

## 2016 Program Book Personal Message/Well Wishes-\$25

Gridiron Club Membership Ad Size- ¼ page (2 ½ in X 7 ½ in) \_\_\_\_\_

\*Gridiron Members Only-Personal and well wishes only-no business or promotional material is allowed as part of the personal messages.

Please email your individual design, text, images to [jennmogridiron@gmail.com](mailto:jennmogridiron@gmail.com)

## 2016 Apparel Order

	<u>SM</u>	<u>MED</u>	<u>LG</u>	<u>XL</u>	<u>XXL</u>	<u>XXXL</u>	<u>Total Distributed</u>
Short Sleeve Jersey	___	___	___	___	___	___	_____
Long Sleeve Jersey	___	___	___	___	___	___	_____
Membership Dues \$25	_____			Additional Water Bottle \$10			_____
Personal Message \$25	_____			Scarf \$10			_____
Short Sleeve Shirt \$10 (M/L/XL)	_____						_____
Short Sleeve Shirt \$15 (2XL/3XL)	_____						_____
Long Sleeve Shirt \$15 (M/L/XL)	_____						_____
Long Sleeve Shirt \$20 (2XL/3XL)	_____						_____

**TOTAL AMOUNT DUE:** \_\_\_\_\_

